TOPIC: Head lice!

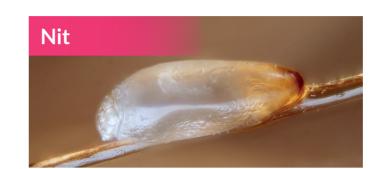## How to detect head lice? How to protect against head lice and how to treat them?

Head lice *(Pediculus humanus)*

Head lice

Head louse is a parasitic, blood-sucking insect, which occurs on a human head and clothing. It causes the disease called lice infestation (*pediculosis*).Head lice have an oval-shaped, elongated bodies with dorsal-ventral flattening. Larva are from 2 to 3 mm long whereas adult lice are about 4 mm long.

Nit

Nits (lice eggs) are white-pearly and about 0,8 cm long. Just after laying the eggs, the female lice attaches them to the base of the hair at the distance of about 0,6 mm to 1cm from the scalp.

Ways of getting infected

Lice cannot jump or fly. They spread through direct head to head contact, or through sharing combs, brushes, pillows, towels and hats.

Head lice symptoms

The parasite's punctures cause skin itching, which is caused by allergy development to louse's saliva and feces. Sometimes head itching may occur few weeks after head lice infestation.

How to detect head lice?

It is recommended to inspect the skin of the head regularly at least once a week. Comb the hair out section by section in good lighting, looking for nits or crawling parasites by means of a fine-tooth comb.

Female lice live for about 40 days and lay about **300 eggs.**

What should be done when we are infested?

1. Choose the product, which is effective against nits and all developmental stages of the head lice after just one application (no need of repeating the treatment) for example **NITOLIC®**.

2. Treat simultaneously all members of the family who got infested.

3. Clean thoroughly your apartment, having in mind that some of the parasites might still exist on the floor and furniture, sleeping areas, beddings, clothes etc.

4. Wash your clothes and bed linen in high temperature or soak it with **NITOLIC® Wash**.

5. Inform the school or the kindergarten and other parents about the detection of the lice.

Find out more about head lice treatment: *www.nitolic.com*

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